



NUR 143
Care of Acutely Ill & Families:
Postpartum—Normal & Abnormal

2011

Objectives:

Upon completion of the chapter the learner will be able to:

Chapter 15:

1. Explain the systemic physiologic changes that occur in the woman after childbirth.
2. Identify the phases of maternal role adjustment as described by Reva Rubin.
3. Discuss the psychological adaptations occurring in the mother's partner after childbirth.

Chapter 16:

1. List the parameters requiring assessment during the postpartum period.
2. Discuss the bonding and attachment process.
3. Identify behaviors that enhance or inhibit the attachment process.
4. Outline nursing management for the woman and her family during the postpartum period.
5. Discuss the role of the nurse in promoting successful breast-feeding.
6. List areas of health education needed for discharge planning, home care, and follow-up.

Chapter 22:

1. Define the major conditions that place the postpartum woman at risk.
2. Explain the risk factors, assessment, preventive measures, and nursing management of common postpartum complications.
3. Differentiate the causes of postpartum hemorrhage based on the underlying pathophysiologic mechanisms.
4. Outline the role of the nurse in assessing and managing the care of a woman with a thromboembolic condition.

	5. Discuss the nursing management of a woman who develops a postpartum infection. 6. Identify at least two affective disorders that can occur in women after birth, describing the therapeutic management for each.	
Reading Material:	Ricci, S.S., & Kyle, T. (2009) Maternity and pediatric nursing. Philadelphia, PA: Lippincott, Williams, & Wilkins.	Chapter #15-16, & 22.
Study Guide:	Bring to class.	Chapter #15-16, & 22.
Web-based:		
PDF	1. Journal Article: <i>State of the Science on POSTPARTUM DEPRESSION: WHAT NURSE RESEARCHERS HAVE CONTRIBUTED-PART 1</i> 2. Journal Article: <i>Postpartum Fatigue and Evidence-Based Interventions</i>	